

PUBLIC SERVICE ANNOUNCEMENT

For immediate release: March 12, 2020

RESTRICTED VISITOR ACCESS TO LONG-TERM CARE HOMES

NORTH BAY, ON – People of all ages can be affected by COVID-19, however, older people and people with pre-existing medical conditions such as, asthma, diabetes, and heart disease are more likely to become severely ill.

As a precaution the Health Unit has asked all long-term care homes in our district to restrict visitor access to only compassionate care visitors. The Health Unit also recommends that individuals monitor their own health before visiting older family members, and do not visit if they are feeling unwell.

The Health Unit encourages family members to help their older relatives stock up on essentials, such as medications, canned and frozen food, etc., and to make a plan should anyone become ill.

For information on how to make an emergency preparedness kit visit <u>myhealthunit.ca/emergencykits</u>

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Call Toll Free: 1-800-563-2808

Media Inquiries:

Alex McDermid, Public Relations Specialist P: 705-474-1400, ext. 5221 or 1-800-563-2808

E: communications@healthunit.ca



70 Joseph Street, Unit 302